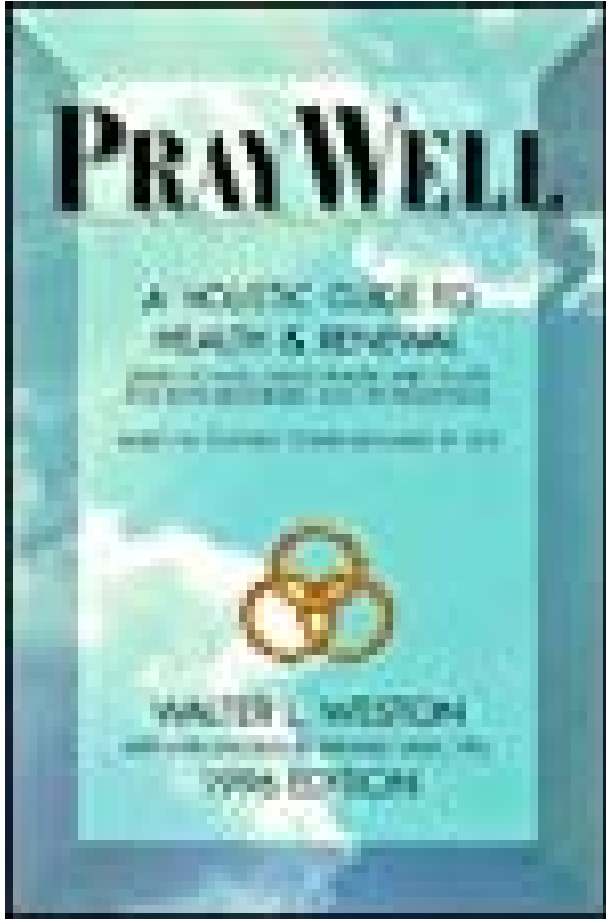


Praywell: A Holistic Guide to Health and Renewal



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Moves beyond The Celestine Prophecy in teaching the cleansing and renewing of human energy fields. -- A new scientific understanding of touch-healing and prayer based upon energy research. -- Teaches touch-healing and improves professional healing skills, with detailed guidance. -- Helps improve physical health and emotional wholeness with self-healing techniques. -- Uses "Emotional Release Therapy" for rapid healing of emotional hurts and negative feelings. Unique, revolutionary, and not easily categorized, PrayWell combines the ancient practice of prayer with touch-healing. An immensely practical guide, it offers more than 170 usable models for healing, for both amateurs and professionals, using touch and non-partisan prayer. PrayWell is the missing link that builds bridges of understanding between holistic medicine and conventional medicine, between Eastern and Western healing traditions, between science and religion, and the religions of the world.