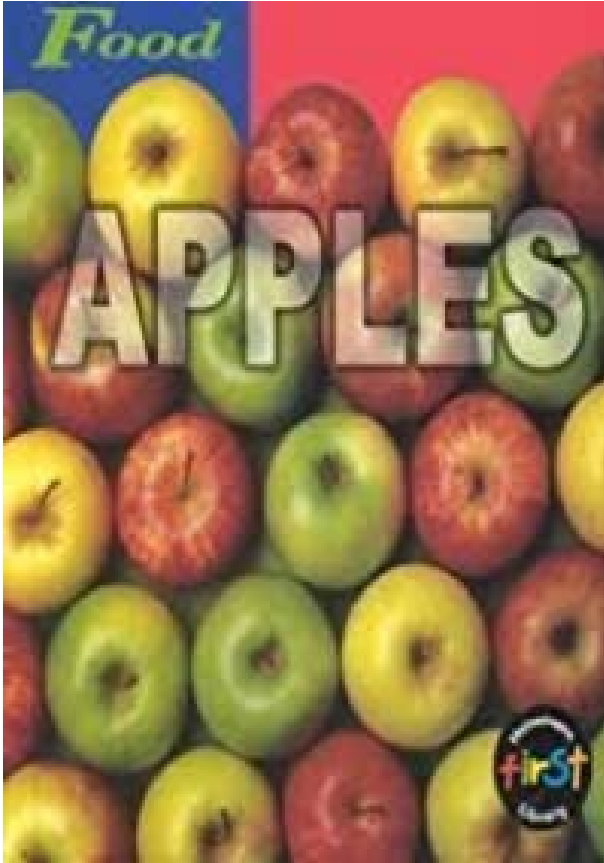


# Apples



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From the farm to the table, get a close-up look at the foods we eat, including how they are grown, processed, cooked, and eaten. Features include the Food Guide Pyramid for Young Children to highlight each food's place in a healthy diet, and simple recipes for the reader to try.