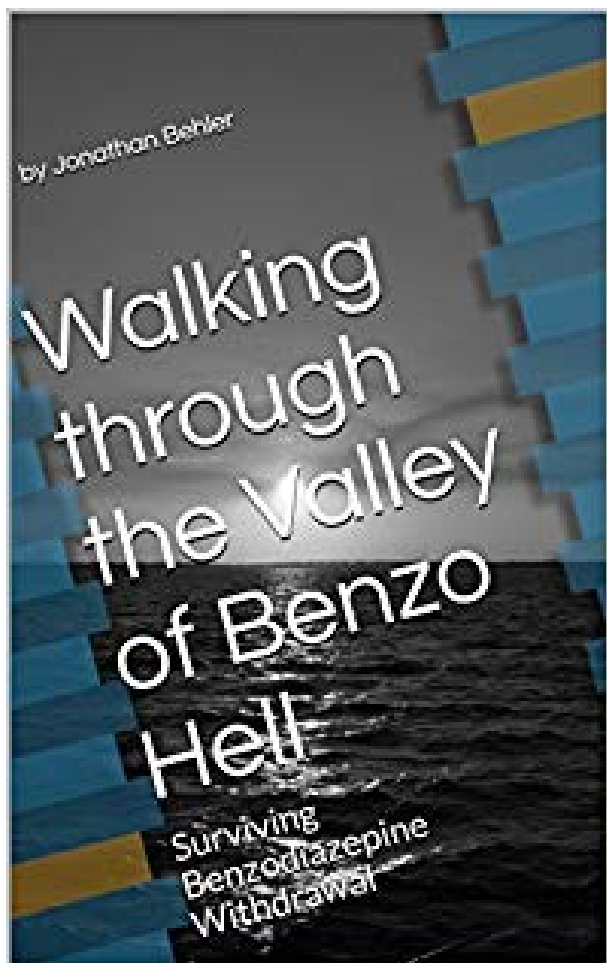


# Walking through the Valley of Benzo Hell: Surviving Benzodiazepine Withdrawal



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This book gives the experience I had withdrawing from benzos.