

# I Garden - Urban Style



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A Garden for Your Space & Your Style You can grow delicious, healthy vegetables and beautiful flowers in your urban setting. No yard? No problem, you have more options available than you think--from containers and window boxes to raised beds and community plots. No time? No worries, there are plants and containers that accommodate even the busiest schedule.

Inside you'll find: Ideas for growing plants in any available space--no matter how small or soil deficient Step-by-step instructions on growing plants from seed Suggestions for plants and containers that fit various styles and schedules, including: no-fuss hardy producers; stunning plantscapes; and plants that attract birds and butterflies Advice on composting, pest control, watering and fertilizing Strategies for maintaining your garden while you are away More than 20 recipes featuring fresh ingredients you can grow Resources to help you build a gardening community in your neighborhood or on the Internet Reggie Solomon and Michael Nolan of the popular website UrbanGardenCasual.com show you everything you need to know to grow a garden that fits your tight urban space and busy schedule. Shed your work clothes, grab your iPod and start enjoying your urban garden today. The Urban Garden Casual Philosophy is about reclaiming the peace, relaxation and satisfaction that comes from growing something yourself.