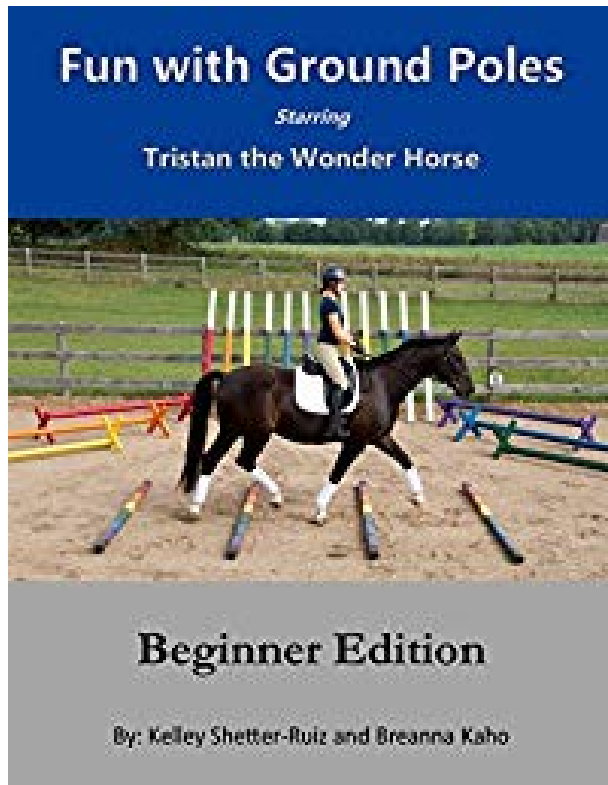


# Fun with Ground Poles Starring Tristan the Wonder Horse: Beginner Edition



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[Fun with Ground Poles Starring Tristan the Wonder Horse: Beginner Edition.epub](#)

Are you and your horse bored with the everyday riding routine? Do you need to find a fun way to get your horse in shape? You may have seen videos of Tristan the Wonder Horse and Kelley Shetter-Ruiz doing advanced pole work exercises. They would like to help you and your horse to get fit and have fun with ground poles! I am sure you would like your horse to achieve better balance, strengthen their hind end, and have a better rhythm and tempo, and they can through ground pole work. This eBook covers everything you will need to know including materials needed, how to set up the ground poles, warm up suggestions, and offers nine beginner ground pole exercises that are challenging and fun! This book is a great tool to spice up your riding repertoire!