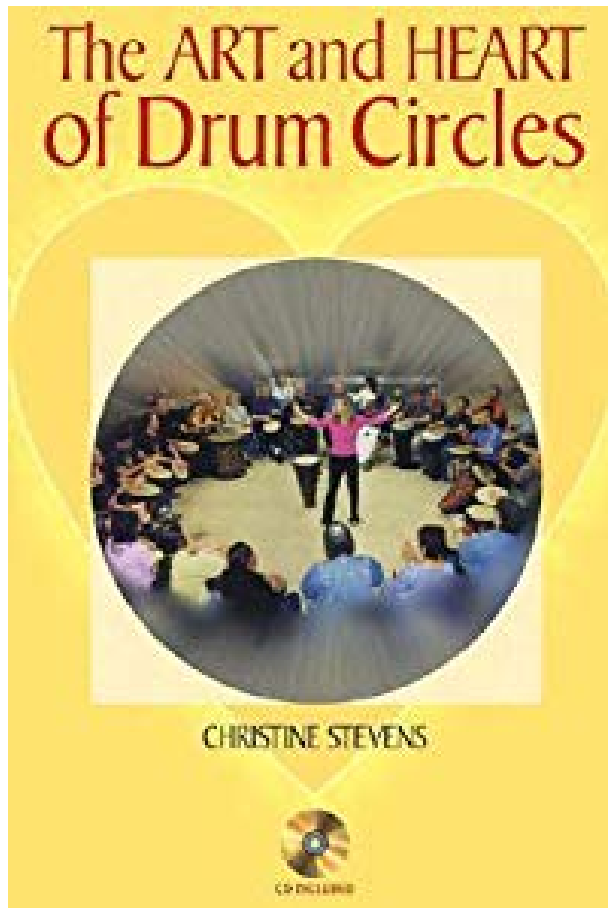


Art and Heart of Drum Circles



Pages:	96
Genre:	Nonfiction
Author:	Christine Stevens
ISBN13:	0073999089431
Language	English
Goodreads Rating:	4.00
Published:	May 31st 2007 by Hal Leonard Corporation
ISBN10:	0634050664

[Art and Heart of Drum Circles.pdf](#)

[Art and Heart of Drum Circles.epub](#)

In this quintessential guide to both creating and facilitating drum circles, noted music therapist and drum circle facilitator Christine Stevens covers everything from key grooves and instrumentation, to the personal side of empowering people and creating transformational experiences through recreational drumming. Filled with practical tools, guidelines, principles, helpful hints, exercises, and even a play-along CD, Stevens' book weaves into one resource the many key elements of what My Generation/AARP Magazine refers to as one of the country's fastest growing holistic health trends."